



U11 BASKETBALL GUIDELINES

in accordance with Surfcoast Basketball Association (SBA)
and Basketball Australia (BA) guidelines

ITEM	GUIDELINE
Ring Height	10-foot (305 cm) standard ring height
Ball Size	Size 5
Scoreboard	Yes. Computer and On-Court
Defence – No Zone	Person-to-Person only (assign-find-stay on a player)
Defence – No Press	No full court press once a team is 15+ points in front, players to return to half -court; Prevent swarming
Defence – Yes Steals	Steals permitted
Offence	Maximum 12 points per player. Free throws excepted. 3 points counted from behind the inside 3 point arc
Penalty - Free Throws	To be taken from small marked line closest to the ring
Violations – Personal Fouls	Once a player commits 5 fouls, they are disqualified from the game
Violations - Team Fouls	Once the team fouls count has reached 9 per half, every foul called against the team will result in the opposition being awarded 2 free throws.
Violations - Technical Fouls	When a player has committed a Technical Foul or Unsportsmanlike Foul, they must leave the court for 5 minutes. When a player has committed 2 Tech Fouls or 2 Unsportsmanlike Fouls or 1 of both Tech and Unsportsmanlike Fouls, they are disqualified for the remainder of the game
Violations - Team Fouls	All fouls including Technical Fouls and Unsportsmanlike Fouls count towards the Team Fouls. Bench Fouls do NOT count towards the Team Fouls.
Coaching – No on court	Coach not permitted on court.
Coach Penalty	If coach breaks these rules a foul will be issued to the team
Coaching – tips	Encourage spacing, passing and above all enjoyment!
SBA VALUES - IRENE	<u>I</u>NCLUSION, <u>R</u>ESPECT, <u>E</u>FFORT, <u>N</u>ETWORK, <u>E</u>NJOYMENT





TIMING GUIDELINES

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ITEM	GUIDELINE
Duration	Junior Competitions - Under 8 through to Under 18 Div 2 & below 2 x 20 minutes halves Under 18 Div 1 & Senior Competitions - Open Men and Women 4 x 10 minute quarters
Overtime	After a 1 minute break, 5 minutes extra playing time will be played if the result at full time is a draw, in finals games only.
Warm Up	3 minutes. Warning siren sounds at 1 min 30 sec and again at 30 sec
Intervals	Quarter Time Breaks 1 minute Half Time Breaks 2 minutes
Time Outs	1 minute in duration. Each team may be granted two time-outs in each half of the game. Time-outs can not be called in the last minute of the first half or first 3 quarters. Clock only stops for time-outs called in the last quarter/half
Clock Stops	Junior Competitions - Under 8 through to Under 18 On every whistle in the last 2 minutes of the last half, if score is <10 points Senior Competitions - Open Men and Women On every whistle in the last 2 minutes of the last quarter, if score is <10 points ALL time-outs in the last quarter/half.
Violations - Timing	Junior Competitions - U8 through to & including U10 NO 8 (back court) or 3 (in the key) seconds called Junior Competitions - U11 through to U18 8 seconds back court and 3 seconds in the key violation called Senior Competitions - Open Men and Women 8 seconds back court and 3 seconds in the key violation called
Shot Clock	A 24 sec Shot Clock is used in all Mens Division 1 games in accordance with FIBA Rules.
Heat Policy Timing Changes	When the court temperature reaches 35c The referee must call an additional compulsory time-out in each quarter or half, if no time-out has been called at the halfway point of the quarter or half

SBA VALUES - IRENE

INCLUSION, RESPECT, EFFORT, NETWORK, ENJOYMENT

